

Lundi

AQUA GYM	09H00
AQUA BIKE	10H30
AQUA BIKE	12H30
AQUA BOXING	18H30
AQUA TRAINING	19H30

Mardi

AQUA BIKE	09H30
AQUA GYM	10H30
AQUA BOXING	12H30
AQUA GYM	18H30
AQUA BIKE	19H30

Mercredi

AQUA TRAINING	09H15
AQUA GYM	10H30
AQUA GYM	12H30
AQUA BIKE	18H30
AQUA GYM	19H30

Jeudi

AQUA BIKE	09H30
AQUA BOXING	10H30
AQUA GYM	17H30
AQUA BOXING	18H30

Vendredi

AQUA GYM	10H00
AQUA TRAINING	11H00
AQUA GYM	17H30

Samedi

AQUA BIKE	11H30
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